

## Call For Abstracts

**Purpose:** To recognize nursing innovations, evidence-based practice projects (EBP), research that reflect the diversity of nursing in clinical practice, administration, and education, and **NEW THIS YEAR--Practice Improvement Projects**, including simulation projects, projects completed or completing at work to improve patient care, lessons learned, or successful changes to processes in the nursing field. Posters will be chosen at the discretion of the Posters Committee based on quality of abstract and adherence to specified guidelines. Certificates will be awarded for the Best Innovation, EBP/Research, Practice Improvement Project, and People's Choice. **The main presenter will be able to attend Nurses Expo FREE OF CHARGE.** Grant forms for secondary student presenters are available.

For information and forms, go to [www.statelinenurses.org](http://www.statelinenurses.org) or email [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com)

**Deadline to submit: Friday, March 14, 2025**

## Stateline Nurses Network Awards

Nursing Excellence should be rewarded! Nominations are being accepted for both our *Distinguished Advocate for Nursing* and our *Excellence in Nursing* awards. For information, online and fillable PDF forms, go to [www.statelinenurses.org](http://www.statelinenurses.org) or email [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com)

**Deadline to submit: Friday, March 28, 2025**

## Stateline Nurses Network Scholarships

Monetary awards in the amount of \$1,000 will be presented to select individuals in good standing for:

- Pre-licensure student - RN or LPN (must be enrolled in at least 2nd term of clinical courses)
- BSN degree completion student
- Graduate student in nursing
- Doctoral student

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## Sponsorship, Exhibits, and Advertising Opportunities

Interested in sponsorship opportunities, big and small, exhibiting, or placing an ad at our conference?

Contact us at [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com) and we will send you our sponsorship packet with full details.

## Electronic evaluation Information

**The link to the electronic evaluations will be emailed to registrants a few days before the conference. It will come from Express Evaluations. If you do not see it by Thursday, April 24th, check your spam and trash folders and/or contact [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com) and we will send you the link again.**

## Keynote & Speaker Information

**Mary Gubbe Lee, MS, LSW, LCPC**, provides information, training and technical assistance to help communities respond appropriately to the needs of people with behavioral health disorders. Mary has over 40 years' experience in mental health. She is certified by SAMHSA as a trauma trainer and provides community presentations for NAMI No IL as part of the community outreach. **Jeanette Towns, Certified Recovery Support Specialist**, is a mental health advocate, activist, public speaker, as well as a published author. Her book, entitled "When Shattered Lives Become Whole" is available on Amazon. She is employed by NAMI, Rockford, IL, and is a suicide prevention instructor.

With over 35 years as a registered nurse, **Angela Delmont, MSN, RN, IL PEL CSN**, has diverse experience spanning clinical care, community health, and nursing education. She began her career in the pediatric intensive care unit at Children's Memorial Hospital (now Lurie Children's Hospital) in Chicago. For 20 years, she served as a certified school nurse in the Sycamore School District, supporting students from pre-K through 12th grade.

Go to our website for information on all speakers, objectives, and short bios [www.statelinenurses.org](http://www.statelinenurses.org).

## SNN Volunteer Grants

We have a great opportunity for up to 5 nurses or nursing students to get involved with AND attend Nurses Expo free of charge! In exchange for **FREE** attendance, we ask for help the day before and during Expo. For application, go to [www.statelinenurses.org](http://www.statelinenurses.org) or send an email to [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com)

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**Group discounts available!**  
Group discount for 5 or more nurse attendees!  
Contact [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com)  
for details on how to apply!

# NURSES EXPO 2025

Presented by  
Stateline Nurses Network



Nurses Expo 2025  
Planning Committee



Two Keynotes & Nine  
Breakout Speaker Sessions!  
Friday, April 25, 2025  
7:00 a.m.-5:00 p.m.  
Riverview Inn and Suites  
(formerly Cliffbreakers)  
700 W Riverside Blvd  
Rockford, IL 61103

## Program Purpose & Objectives

Nurses Expo 2025 is designed to provide an environment conducive to sharing of information and fostering the development of professional relationships and is intended for past, present, and future nurses from hospital, home, occupational, community, private practice and clinical settings. At the conclusion of Expo 2025 the participant will be able to:

- 1) Formulate personal and professional goals that promote individual growth and the advancement of the nursing profession.
- 2) Relate learned information to the care of the patient in the clinical and community setting.
- 3) Develop an increased awareness of available resources through professional and personal interactions.
- 4) Gain a deeper appreciation for the breadth of continuing education provided to nurses within the community/region.

**Contact Hours** – This activity has been submitted to the Wisconsin Nurses Association for approval to award contact hours. The Wisconsin Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. If you have questions, please email [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com). Attendance and completion of the evaluation for the entire session(s) is required to receive CEs.

**Electronic Evaluations** – We will be using electronic evaluations for CEs. When registering, please provide your email so the link can be emailed to you before Nurses Expo. If you want to fill out a paper evaluation and receive a paper certificate, please speak to a Nurses Expo committee person on site.

## Charity



### Make-A-Wish Illinois

<http://www.illinois.wish.org/>

Make-A-Wish Illinois Mission: Together, we create life-changing wishes for children with critical illnesses.

Founded in 1985 by a group of local volunteers, Make-A-Wish Illinois has granted more than 18,000 wishes to children across the state.

We are asking for cash donations. Donations should be made out to Make-A-Wish Illinois. For more information about Make-A-Wish Illinois visit [www.illinois.wish.org](http://www.illinois.wish.org). To refer a child visit [www.md.wish.org](http://www.md.wish.org)

## Program Agenda Friday, April 25, 2025

- 7:00-8:00am** Registration, Exhibits/Posters, Breakfast (provided by Stateline Nurses Network), Welcome & Announcements
- 8:00-9:15 am** **KEYNOTE - Self-Care & Compassion Fatigue**  
Mary Gubbe Lee, MS, LSW, LCPC and Jeanette Towns, Recovery Support Specialist
- 9:15-9:45 am** “How Myofascial Therapy Can Benefit You and Your Patients”  
Malgorzata (Gosia) Zasadny, Physical Therapist
- 9:45-10:15am** Break/Exhibits/Posters
- 10:15-11:30 am** MORNING BREAKOUT
- Session 1:** *Getting a Leg Up on Your Patient's Lower Extremity Wounds*  
Jessica Simmons, DNP APRN FNP-C CWON DNC”  
(Due to Dr. Simmons' affiliation with Hollister, CEs are NOT able to be provided with this presentation.)
- Session 2:** *Opioid Epidemic: Best Practices in Pain Mgmt*  
Alexa Brisard, Pharm D
- Session 3:** *Hypertensive Disorders in Obstetrics*  
Natalie Parker, DNP APRN WHNP-BC, CNM
- 11:30-12:30pm** Lunch (provided by SNN)  
Exhibits & Posters
- 12:30-1:45 pm** FIRST AFTERNOON BREAKOUT
- Session 1:** *Come Fly with Me*  
Zachary Baker, BSPH, BSN, RN, CCRN, CFRN
- Session 2:** *Trauma Informed Care & Me*  
Jamie Counsell, MLS Healthcare Law, BSN, RN, Forensic Nurse Examiner
- Session 3:** *Documentation Pitfalls: Nursing Documentation and the Legal Process*  
Elizabeth Polit, JD and Lee A Williams, JD, MBA, M.Acc.
- 1:55-3:10 pm** SECOND AFTERNOON BREAKOUT
- Session 1:** *The Experience of a Donor Family*  
John and Joy Beach
- Session 2:** *Diabetes Education: A Nurse's Perspective*  
Erin Brefeld, BSN, RN, CDCES
- Session 3:** *A Passion for Public Health*  
Melissa New, BSN, RN, FNE, CLS
- 3:10-3:30pm** Break (snacks provided by SNN)
- 3:30-4:45 pm** **KEYNOTE: From Fledgling to Full Flight**  
Angela Delmont, MSN, RN, IL PEL CSN
- 4:45-5:05pm** Awards, Posters, Scholarships, Raffles, Conclusion

## Registration Deadline April 11, 2025

**REGISTER & PAY ONLINE**  
(preferred)

[www.statelinenurses.org](http://www.statelinenurses.org)

OR

COMPLETE FORM BELOW & MAIL WITH CHECK:

Name: \_\_\_\_\_

Credentials: \_\_\_\_\_

Area of practice: \_\_\_\_\_

Hm Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_

**Choose Concurrent Breakout Sessions Below**  
(See middle panel for description)

AM Session 1-3 Choice \_\_\_\_\_

1<sup>st</sup> PM Session 1-3 Choice \_\_\_\_\_

2<sup>nd</sup> PM Session 1-3 Choice \_\_\_\_\_

### **Payment Information\*:**

**\$175 Nurses, health professionals** (Fee includes registration, food/drinks, t-shirt, CE's, \$20 for Stateline Nurses Network Annual Membership beginning April 1, 2025)

**\$50 Pre-licensure/Undergraduate student (NO CE Credit)** (Fee includes registration, food/drinks & t-shirt)

\*\* \$5 convenience fee will be added if paying online \*\*

**Cancellation Policy:** For those canceling after April 11th, a \$50 fee will be charged to cover refreshments/processing

### **No refunds for no-shows**

\*On-site fee (space permitting/day of event) - \$200 Nurses and Health Professionals, \$70 students - SPACE IS LIMITED.

Mail completed form with check payable to:  
**Stateline Nurses Network**  
c/o Patricia Hall  
5818 Gridley Court  
South Beloit, IL 61080

IMPORTANT: an email address is required for confirmation and receipt of electronic evaluation link.

QUESTIONS? [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com) or call Patty Hall at 815-871-3625