



NURSES EXPO 2025 Conference Agenda

- 7:00 am – 8:00 am** **Registration, Breakfast (provided by Stateline Nurses Network), Exhibits and Posters, Welcome & Announcements**
- 8:00 am – 9:15 am **KEYNOTE – Mary Gubbe Lee, MS, LSW, LCPC, and Jeanette Towns, Recovery Support Specialist**
“Self-Care and Compassion Fatigue”
- 9:15 am – 9:45 am How Myofascial Therapy Can Benefit You and Your Patient
Malgorzata (Gosia) Zasadny, Physical Therapist
- 9:45 am – 10:15 am** **Break/Exhibits/Posters**
- 10:15 am -11:30 am MORNING BREAKOUT
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- Session 1: Jessica Simmons, DNP, APRN, FNP-C, CWON, DNC, “Getting a Leg Up on Your Patient’s Lower Extremity Wounds”*
- Session 2: Alexa Brisard, PharmD, “Opioid Epidemic: Best Practices in Pain Management”*
- Session 3: Natalie Parker, DNP, APRN, WHNP-BC, CNM, “Hypertensive Disorders in Obstetrics”*
- 11:30 – 12:30 pm** **Lunch (provided by Stateline Nurses Network) Exhibits & Posters**
- 12:30 pm -1:45 pm FIRST AFTERNOON BREAKOUT
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- Session 1: Zachary Baker, BSPH, BSN, RN, CCRN, CFRN, “Come Fly with Me”*
- Session 2: Jamie Counsell, MLS Healthcare Law, BSN, RN, Forensic Nurse Examiner, “Trauma Informed Care & Me”*
- Session 3: Elizabeth Polit, JD and Lee A Williams, JD, MBA, M.Acc., “Documentation Pitfalls: Nursing Documentation and the Legal Process”*
- 1:55 pm -3:10 pm SECOND AFTERNOON BREAKOUT
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- Session 1: John and Joy Beach, “The Experience of a Donor Family”*
- Session 2: Erin Brefeld, BSN, RN, CDCES, “Diabetes Education: A Nurse’s Perspective”*
- Session 3: Melissa New, BSN, RN, FNE, CLS, “A Passion for Public Health”*
- 3:10 pm – 3:30 pm** **Afternoon Break (snacks provided by Stateline Nurses Network)**
- 3:30 pm – 4:45 pm **KEYNOTE –Angela Delmont, MSN, RN, IL PEL CSN**
“From Fledgling to Full Flight”
- 4:45 pm – 5:05 pm **Awards, Posters, Scholarships, Raffles, Conclusion**