



## FALL 2022 NEWSLETTER ISSUE 12

[www.statelinenurses.org](http://www.statelinenurses.org) [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com)

### *President's Message*

Thank you to all our members!

As I write this President's Message I am taking time to look back and see what things we've written about over the last several years. I chose to look at topics related to past Expos and what was presented. I recall several people's names from the past and I wonder where those nurses are right now.

In 2005, we had topics talking about "promoting a culture of safety" and "advocating for ourselves and our patients". Still holds true today!

That was the year of Hurricane Katrina and they mentioned nurses as "being heroes"!! We listened and learned about emergency preparedness. We sure have re-learned that with COVID! There was a topic about the cost of healthcare—if only we had those same prices today! We talked about adequate staffing. One of the speakers talked about nurses leading change, being proactive, and how if we don't have balance in our lives it could lead to job dissatisfaction, burnout, and turnover. Same issues we have today!

There was a newsletter article about the value of belonging to nursing organizations. Great!! Let's get more nurses to join SNN! That year our nursing expo had attendance of 299 people! Our goal is to have that many in 2023! Or more!! In 2006, we kept track of what was happening at the legislative level regarding nursing. We had this topic going around called "Healthy People 2010"! Google it. Then there was "Healthy People 2020" and now there's "Healthy People 2030".

A recent article I looked at was a look at mentoring! Yes, we need to mentor our new nurses coming into the field—we need to be mentoring each other. Strong positive mentoring relationships allow both to experience personal and professional growth as well as job satisfaction—In these busy jobs we all have!

We are always looking to share ideas! What topics are you reading about? Let us know!

Sharon Garcia, MS, RN  
President, Stateline Nurses Network

### *What is Stateline Nurses?*

The Stateline Nurses Network, NFP (SNN) is a not-for-profit group of nurses who seek to advance the profession of nursing through networking, collegiality, continuing education, and professional development.

We encourage every nurse to join their state's professional nursing organization to provide unity of message, goals, strategies, and resources. In Illinois, ANA-Illinois represents and supports the Nurse Practice Act, our state board of nursing, education of nurses, and societal and legal implications of our profession. Stateline Nurses Network serves as a valuable local resource to strengthen our voice, offer encouragement, and stimulate involvement in the profession of nursing.

## **Like & Follow Us On Facebook**

Our Stateline Nurses Network has a great Facebook page!

We invite all of you to follow & like our page, and share and like our posts. [@StatelineNurses](#)

## **SAVE THE DATE - NURSES EXPO 2023**

We are pleased to announce that Nurses Expo 2023 will be held at Forest Hills Lodge in Loves Park, Illinois again this year. Five great speakers, CEs, Sponsors, Awards, Posters, Scholarships and Networking at our in-person Expo. We are planning expanded Sponsorships with exciting giveaways. To keep up to date on this Conference, watch your inbox, go to our website at [www.statelinenurses.org](http://www.statelinenurses.org) or email [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com).

**SAVE THE DATE!**

**41<sup>st</sup> Annual Nurses Expo**



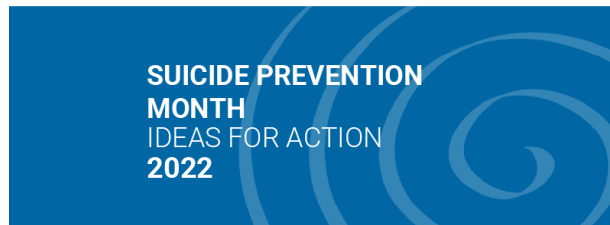
**Friday, April 28, 2023**

- ◆ Speakers ◆ CEs ◆ Sponsors ◆ Exhibits ◆
- ◆ Awards ◆ Posters ◆ Scholarships ◆
- ◆ Breakfast/Lunch Served ◆ Raffles ◆

Presented by Stateline Nurses Network

## Suicide Prevention Month: Ideas for Action

This two-page resource offers information to help anyone, anywhere get involved in Suicide Prevention Month in September. It includes tips on how to take action to help prevent suicide in your community, such as learning about effective suicide prevention, sharing stories of hope, and empowering everyone to be there for those in distress.



[Suicide Prevention Month](#)

## **CELEBRATE NATIONAL CASE MANAGEMENT WEEK!**



[Case Management Week](#)



Fall is coming! Enjoy the changing weather!



**2022 PEDIATRIC  
NURSES ♥ WEEK**

October 3-7, 2022

**#ProudPediatricNurse**

[Pediatric Nurses Week](#)

The American Nurses Foundation offers free support for nurses. You are not alone.  
@healthymind @healthynurse



[American Nurses Foundation Well-Being Initiative](#)

## **Share your news with us!**

We are always looking for news about our fellow nurses! Share with us your national certification, published articles, graduations, awards received, or elected positions – all can be mentioned in our newsletter and/or on our Facebook page! Or let us know about special nursing events, conferences, or specialty nursing weeks.

To share, email us at:

[Statelinenurse2013@gmail.com](mailto:Statelinenurse2013@gmail.com)

### **Stateline Nurses Network Board:**

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