



## SPECIAL SPRING/SUMMER 2022 NEWSLETTER ISSUE 11

### President's Message

Hello, we are restarting this way of communication—a newsletter! With so many topics, where to we start! With the most recent! Read about Expo 2022! The committee worked collaboratively to make our conference a success!

Yes, we want to hear what is happening locally with our colleagues, so share your news with us!

Special thanks to all who continue the caring of patients during COVID. Did you know that COVID was the 3<sup>rd</sup> leading cause of death in 2020? [NCHS Data Brief, Number 427, December 2021 \(cdc.gov\)](#)

Good for all of us to keep “inspired” to be at the bedside, be educators and leaders to provide knowledge to our future generation of nurses.

We have many new ideas for Expo 2023, so let us know if you want to be part of the volunteers who put it together!

Let us know how we can better meet the needs of our members. We value your membership! Call or text me with your ideas!

In the next newsletter we will provide ideas and thoughts on how to write up a person for an award. Our format will be changing so we want to give everyone lots of details.

Everyone stay safe,

Sharon Garcia, MS, RN  
President, Stateline Nurses Network  
815-871-9663

**NURSES EXPO 2022  
APRIL 29th**

**We were thrilled to provide  
a fantastic in-person  
Conference once again!**

**Our Expo provided  
Networking, Sponsors,  
Exhibits, Posters,  
Scholarships, Awards and  
five topics with 6 great  
speakers!**

**If you missed it, we hope  
you will join us in 2023.**

**See the articles and  
pictures inside this Special  
newsletter and please go to  
our Stateline Nurses  
Network Facebook page for  
more pictures and posts!**

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### *What's Inside...*

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**Share your news with us!**

We are always looking for news about our fellow nurses! Share with us your national certification, published articles graduations, awards received, or elected positions – all can be mentioned in our newsletter and/or on our Facebook page!

To share, email us at: [Statelinenurse2013@gmail.com](mailto:Statelinenurse2013@gmail.com)

**Like & Follow Us On Facebook**

Our Stateline Nurses Network has a great Facebook page! We invite all of you to follow & like our page, and share and like our posts. If you have any articles or ideas to share – contact Patty at [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com) and she can post articles, topics, upcoming events and more!

Please like us now!

\* \* \* \* \*

**Stateline Nurses Network 2022 Scholarships**

We once again offered four scholarships this year:

**Pre-Licensure:**

Emilie Weisser, St Anthony College of Nursing

**BSN:**

Kelly Mackessy, RNC-MNN, CLC, St Anthony College of Nursing

**Graduate:**

Jacqueline MacDonald, BSN, RN, American Sentinel University

**Doctoral:**

Cati Peters, BSN, RN, St Anthony College of Nursing

Check out our Facebook page for pictures & additional information on each winner.

**Stateline Nurses Network Award for 2022**

We had a well-deserving winner of our Stateline Nurses Network Excellence in Nursing Award this year:

***Michelle Regan, MSN, RN, CMSRN, PMGT-BC***



Michelle with friends, family, and colleagues



Michelle on the left, Alyson Broman Conn, Awards Co-chair, on the right

Besides her colleagues who attended Nurses Expo, many friends, colleagues, and family came at the end of the day to see Michelle win her award. Congratulations, Michelle! You deserve all the accolades you received!

## *Nurses Expo 2022: Live and In-Person!*

Nurses Expo 2022 was live and in-person this year after an all virtual event in 2021. The virtual event went well and was quite a learning experience for everyone, but we were so glad we were able to offer an in-person event again this year. We were at a new venue and had a new caterer this year and want to thank Forest Hills Lodge in Loves Park, Illinois and ABC Catering for all their help.

Nurses Expo is known for its networking between colleagues and friends and having exhibits for all! This year we had terrific Sponsors and Exhibitors and we thank each and every one of them! Without their support we could not have had such a successful return to an in-person Nurses Expo.

This year our Sponsors included:

### **Gold:**

- \*Beloit Health System
- \*Davita
- \*Grand Canyon Education
- \*Mercyhealth System
- \*UIC College of Nursing, Rockford Regional Campus

### **Silver:**

- \*American College of Education (ACE)
- \*Concordia University of Wisconsin
- \*FHN
- \*Van Matre Encompass Health Rehabilitation Institute

### **Bronze:**

- \*Rosecrance Health Network



If anyone is interested in exhibitor or sponsorship opportunities for f Nurses Expo 2023, please contact us at [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com).

Our speakers were well received, knowledgeable and dynamic. We were honored and pleased to have them at our conference. Thank you to all our speakers for these informative and exciting presentations! Our agenda of speakers and topics:

**Morning Keynote:** Joy Hess, APRN, NNP-BC “Trauma and Resiliency in Nursing”

**Speaker 1:** Willie Brown, SHRM-CP, IEMA “Cultivating Internal Intelligence – A Key to Leading Diverse Teams”

**Speaker 2:** Kathryn Kaintz, BSN, RN “The Role of the Nurse in Increasing Access to Healthcare”

**Speaker 3:** Jamie Linder, Patrol Sergeant, Certified CIT Coordinator “De-escalation & Peer Support for Nurses”

**Afternoon Keynote:** Mandy Tilton, DNP, MSN, MBA, RN, CPPS, CNN & Kristin Sayles, BSN, RN “A History of Nursing: Response & Resilience”



We had a wide variety of outstanding and professional posters this year in the following categories: Innovation, EBP, Research and Student. The posters were displayed beautifully in the main speaker room.



We had three judges review the posters and using specific criteria winners for each category were chosen. A People’s Choice winner was chosen by attendees who marked their favorite on the People’s Choice Ballot. The following Poster Winners were announced at the end of the day.

EBP – Tammy Stadermann & Jessica Larson

Research – Laura Dickerson

Student – Jessica Larson

People’s Choice – Jessica Larson

Our committee was impressed with all the posters and thank everyone who presented a poster!

## **Nurses Expo 2022 Planning Committee**

We had a diligent and hard-working committee this year, many of them newcomers, and they stepped up to the plate and then some! Thank you for a job well done!

Sylvia Baker, MS, RN, CPAN Planning Chair and Scholarship Co-Chair

Mandy Tilton, DNP, MSN, MBA, RN, CNN Program Co-Chair

Kristin Sayles, BSN, RN Program Co-Chair

Sharon Garcia, MS, RN, President SNN & Awards Co-Chair

Phillip Troxel, MS, RN SNN Treasurer

Karen Lane, MSN, Ed, CDI, RN Arrangements Co-Chair

Paige Medearis, BSN, RN Arrangements Co-Chair

Alyson Broman Conn, RN Awards Co-Chair

Sarah Wright, Exhibits/Foundation Chair

Shannon Lizer, Posters Co-Chair

Margie Kochsmier, Posters Co-Chair

Donna Alton, BSN, RN Registration/Signage Chair

Sarah Shanks, PhD, RN, NSCN Scholarship Co-Chair

Patty Hall, BA Administrative Support

## **Interested in Helping Plan Nurses Expo 2023?**

All interested nurses need to be Stateline Nurses Network members, available for monthly meetings in the Rockford, Illinois area, and must have the willingness and drive to work together to make this conference a success! Time requirements depend on the sub-committee. We have several sub-committees to fill! If this sounds like something you would like to try, contact us at [statelinenurses2013@gmail.com](mailto:statelinenurses2013@gmail.com) or [www.statelinenurses.org](http://www.statelinenurses.org).

**SAVE THE DATE!**

**Nurses Expo 2023**

**Friday, April 28, 2023**

**Forest Hills Lodge  
Loves Park, Illinois**

## SNN Board Election Results

Our Stateline Nurses Network board election was held earlier this Spring. We asked for write-in candidates for two available Director positions and we are pleased to announce the addition of Sylvia Baker and Karen Lane to our board!

Sylvia Baker, MS, RN, CPAN, has over 35 years of Clinical experience prior to being a nurse educator. She is a long-time member of our Nurses Expo Committee, and was the Chairperson in 2022 and will continue on as Co-Chairperson in 2023. Her wisdom and guidance have been tantamount in the success of our Expo. She was a nurse educator for Rockford Memorial/ Mercyhealth-Javon Bea, as well as Northwestern Medicine, and now is an educator in the new LPN program at Rockford Career College. She enjoys her hot tub and taking short bike trips with her e-bike.

Karen Lane, MSN.Ed, CCDS, RN, is new to the Nurses Expo committee and brings her skills and knowledge from her years at Mercyhealth-Javon Bea, as well as being a leader at Junior League of Rockford. She is innovative and full of fresh ideas. Karen enjoys scrapbooking, reading, and music.

2022-2023 STATELINE NURSES NETWORK NFP BOARD OF DIRECTORS			
<p><b>PRESIDENT</b>  <b>Sharon Garcia, MS, RN</b>            14784 Berglund Rd.            Pecatonica, IL 61063            C 815-871-9663  <i>sgarcia@hospicecareofamerica.com</i></p> <p><b>VICE PRESIDENT</b>            Open</p>	<p><b>TREASURER</b>  <b>Phillip Troxel, RN-BS</b>            3212 North View Road            Rockford, IL 61107            H 815-977-5911  <i>phillip.troxel@hotmail.com</i></p> <p><b>SECRETARY</b>  <b>Char Ratzlow, RN, MS, COHN-S, CCM</b>            6574 Coachlite Ct            Rockford, IL 61111            815-904-3993  <i>charlene.ratzlow@genexservices.com</i></p>	<p><b>DIRECTOR</b>  <b>Cheryl A. Troxel, MSN, RN</b>            3212 North View Road            Rockford, IL 61107            H 815-977-5911            C 815-315-3605  <i>cherylannetroxel@gmail.com</i></p> <p><b>DIRECTOR</b>  <b>Sylvia Baker, MS, RN, CPAN</b>            2424 N Keith Road            Winnebago, IL 61088            H 815-335-2214            C 815-742-4563  <i>rekab4@hotmail.com</i></p>	<p><b>DIRECTOR</b>  <b>Karen Lane, MSN.Ed, CCDS, RN</b>            4908 Markell Lane            Cherry Valley, IL 61016            C 815-997-2837  <i>karen.lane2016@outlook.com</i></p>